

# Spoiling Babies



## Myths

- ✓ Babies can be spoiled.
- ✓ Babies cry on purpose to misbehave.
- ✓ Picking up and holding a crying baby spoils them.
- ✓ Paying too much attention to babies and young children spoils them.
- ✓ Toddlers who get into everything are spoiled.
- ✓ Giving toddlers toys and snacks makes up for lack of adult attention.
- ✓ Family problems do not affect young children.

## Facts

- ✓ Babies cannot be spoiled.
- ✓ Babies only cry when they need something.
- ✓ Picking up and holding a crying baby lessens crying at a later age.
- ✓ Paying a lot of attention to children helps them feel safe, secure, and loved.
- ✓ Exploring their surroundings is normal for toddlers.
- ✓ Giving your child 5 to 15 minutes of your full attention can prevent whining and misbehavior.
- ✓ Family stress and conflict may trigger behavior and physical problems in infants.

